Terai Human Rights Defenders Alliance gained some of the major achievements in the month of May and June in Banke and Bardiya district.

**Discussion with the local community**: THRDA human rights monitor held discussions with local communities on how THRDA could help them resolve their problems. During discussions, local widows complained that they were not getting widow allowances in time. THRDA monitor then talked to the Local Development Officer and told him to provide hassle free services to the locals following whom the government offices have been providing services to locals without any hassle and delay.

**Monitoring of detention centres**: With the help of THRDA lawyer, THRDA human rights monitor was able to monitor the detention centres in Banke and Bardiya easily.

**Participation in meetings**:THRDA human rights monitor took part in various meetings organized by various organisations in these two districts and in some programmes, THRDA monitor also participated as the Chief Guests.

**Monitoring of protests**:THRDA representative has been monitoring the protests of political parties that are agitating against the discriminatory provisions of the constitution. THRDA monitor also monitored the nomination filing process on June 18.